



### OMELETTE (BREAKFAST)



1 serving



10 minutes

#### INGREDIENTS

2 eggs  
Large handful of spinach  
1 tomato deseeded and diced  
2 sundried tomatoes diced  
15g feta crumbled

#### DIRECTIONS

1. Whisk the eggs with salt, pepper and whatever herbs you are using. Pour into a non stick pan and leave on a medium heat to set.
2. Once the omelette starts to set slightly, add the tomato dice, sun dried tomatoes, feta and spinach. Fold in half and cook on either side for a few more minutes until cooked through.